

Mr. Sang Joon Won, M.Div., M.Sci., LMFT-S

Tim joined JCC in September 2025. He is currently the Director at the Chaplain Family Life Training Center on Fort Hood Military Base, bringing 5+ years of clinical supervision, 10+ years of expertise in marriage and family therapy, 20+ years of military leadership, 30+ years of pastoral compassion. Tim is a Licensed Marriage and Family Therapist (LMFT) and AAMFT Approved Supervisor, with a mission to lead and empower teams to deliver holistic counseling services. Proficient in EMDR, Gottman Couple Counseling Method, EFT, SFT, CBT, and Neuro-feedback therapy. He specializes in the integrated use of neurofeedback therapy alongside Eye Movement Desensitization and Reprocessing (EMDR) to support comprehensive trauma recovery. His clinical approach targets nervous system regulation and cognitive-emotional processing simultaneously, enhancing treatment readiness and therapeutic effectiveness. Aligning brain-based interventions with evidence-based psychotherapy, promotes improved emotional regulation, symptom reduction, and functional resilience. This whole mind-body framework is tailored to each client to maximize outcomes in complex trauma, PTSD, and stress-related conditions.

Ordination date: February 20, 2000

